

SSFI	GROUND	TOWER	APP	ATIS	ALT	TPA
					FIELD	FIELD

FUEL REQUIRED	
ENROUTE	
APPROACH	
ALTERNATE	
RESERVE	
TOTAL	

ATIS	
CODE	
WIND	
VISIBILITY	
CEILING	
TEMP/DP	
ALTIMETER	
RUNWAY	

GS	Dist	E/ATE	E/ATA	Freq	FIX	WCA	Course		

FSS	DEP	TOWER	GROUND	CLNC	ATIS	SQUAWK

FLIGHT PLAN

1. TYPE VFR IFR DVR	2. AIRCRAFT IDENTIFICATION	3. AIRCRAFT TYPE SPECIAL EQUIPMENT	4. TRUE AIRSPEED	5. DEPART. POINT	6. DEPARTURE TIME PROPOSED ACTUAL	7. CRUISING ALTITUDE
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8. ROUTE OF FLIGHT	9. DESTINATION name of airport & city	10. ESTI. TIME ENROUTE HOURS MINUTES	11. REMARKS
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12. FUEL ON BOARD HOURS MINUTES	13. ALTERNATE AIRPORT	14. PILOT'S NAME ADDRESS & TELEPHONE NUMBER & AIRCRAFT HOME BASE	15. NUMBER ABOARD
16. COLOR OF AIRCRAFT			

SPECIAL EQUIPMENT

	Transponder	
no extra	none	mode A mode C
DME	/X	/T /U
RNAV	/D /W	/B /C /I

FREQUENCIES

Air-to-Air	122.75
Flight Watch	122.0
Emergency	121.5
Lost Comm	7600

PST	16	17	18	19	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
MST/PDT	17	18	19	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
CST/MDT	18	19	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
EST/CDT	19	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
EDT	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
ZULU	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23